

OU Problematic Sexual Behavior – Cognitive-Behavioral Therapy Program Requirements for Within-Agency Trainers

Candidate(s) to be Within-Agency Trainers in the University of Oklahoma Problematic Sexual Behavior – Cognitive-Behavioral Therapy (PSB-CBT) models must complete the following requirements for the specific OU PSB-CBT model (i.e., preschool, school-age, adolescent) for which they will provide training. These requirements are considered to be the minimum training and skill qualifications necessary for a Within-Agency Trainer. Each WATER training course will include up to six individuals across up to four sites with one or more Candidates each.

An Agency, defined as a sponsoring organization that provided the structure and support to implement the PSB-CBT training program, can nominate through submission of an application one or more Candidate(s) who have completed all training requirements of the PSB-CBT model in which trained, including completion of fidelity criteria for the caregiver and child/adolescent curricula.

I. Definition.

Within-Agency Trainers are individuals who have satisfactorily completed specialized training in the instruction and supervision of therapists in the PSB-CBT treatment model in which they were trained. They can provide training within the sponsoring agency to therapists employed or selected by the Agency (e.g., practicum student, intern).

II. Training Qualifications of Within Agency Trainers.

To be eligible as a Candidate for Within-Agency Trainer in a PSB-CBT model, an applicant must first meet the requirements below:

A. Graduate Education

1. Master's Degree or higher in a mental health field, **AND**
2. Be an independently licensed mental health service provider (e.g., Licensed Psychologist, Licensed Professional Counselor, Licensed Marriage and Family Therapist, or Licensed Clinical Social Worker).

B. Case Experience

1. Completed all fidelity requirements in the OU PSB-CBT model in which training was received per the determination of an OU PSB-CBT Approved Trainer.
2. Completed or interpreted a minimum of two PSB assessments (e.g., intake reports; treatment progress and/or completion measures) of children/adolescents with PSB; and received a satisfactory review of the assessment or interpretation by an OU PSB-CBT Approved Trainer.

C. Application Acceptance

1. The OU PSB-CBT Training team will make decision on candidate inclusion for Within-Agency Training based on graduate education, previous case experience, Senior Leader support, and availability of current training schedule.

III. Training Requirements of Within-Agency Trainer Candidates.

All Within-Agency Trainer requirements must be completed within the allotted duration of the training project, which should be **no less than five months and no more than seven months**. Candidates must complete the following training requirements. *If Within-Agency requirements have not been met within allotted duration of the course, additional consultation can be provided at a cost of \$150 an hour.*

- A. Attend a one-hour training overview meeting prior to the didactic training.
- B. A minimum of six hours of didactic training via the Within-Agency Trainer Course facilitated by an OU PSB-CBT Approved Trainer. Training topics will include strategies for training providers in PSB assessment and PSB-CBT, monitoring providers' fidelity to the PSB-CBT model, supervising providers new to the PSB-CBT model, and how to remain abreast of current research and best practices on treatment of children and adolescents with problematic sexual behavior.
- C. Following the didactic training, trainees will attend eight consultation calls. The typical schedule for these consultation calls are twice a month via a video conference platform. On the calls, trainees will work with trainers on requirements D-H below.
- D. Develop a personalized PSB-CBT clinical training slide deck specific to the PSB-CBT Program in the Candidates' agency. The OU PSB-CBT Approved Trainer will provide the standard PSB-CBT clinical training slide deck to Candidates in multiple installments beginning after the didactic session (see "B") is completed.
- E. Session reviews will be conducted in collaboration between the OU PSB-CBT Approved Trainer and the Candidate. The purpose of this co-fidelity monitoring is to establish consistent inter-rater reliability between the Candidate and OU PSB-CBT Approved Trainer. The Candidate must review a minimum of one caregiver session and one child session, and their fidelity coding ratings and notes for each session. Neither session should be a combined session, nor does the same therapist being coded for fidelity need to implement both sessions. The therapist being monitored for fidelity cannot be the Candidate. Additional sessions may be requested if inter-rater reliability is not satisfactory per to the OU PSB-CBT Approved trainer.
- F. Complete a presentation or co-train with an OU PSB-CBT Approved Trainer on the PSB-CBT curriculum (or related topic) and receive a satisfactory review by an OU PSB-CBT Approved Trainer. Presentations can be reviewed by an OU PSB-CBT Approved Trainer live or via a recording submitted by the Candidate.
- G. Submit a recording of the Candidate delivering fidelity monitoring feedback to a trainee regarding one of the sessions submitted (see E).
- H. Submit a draft protocol for how the Candidate will train clinicians to provide PSB assessments and PSB-CBT within the Candidates' agency to be reviewed by an OU PSB-CBT Approved Trainer.

IV. Within-Agency Trainer Responsibilities:

The Candidate must agree to the following if approved to be a PSB-CBT Within-Agency Trainer:

- A. Provide trainees joining the sponsoring Agency's PSB-CBT program with all pre-work materials and didactic in-person training on PSB-CBT.
- B. Train trainees using the current OU PSB-CBT curriculum treatment manual for the specified age group.
- C. Facilitate the training process for PSB-CBT trainees who want to meet fidelity requirements for the OU PSB-CBT model(s).

- D. Remain active in PSB-CBT service delivery either by providing PSB-CBT to families directly or by providing supervision to PSB-CBT therapists within the sponsoring Agency.
- E. Shall meet all the requirements to be a WATer as identified by the Master Trainers of PSB-CBT.
- F. Will lose their status as a WATer if they leave the agency they are certified to train. Exceptions to this restriction will be handled by the PSB team on a case by case basis.
- G. Will only provide the PSB-CBT treatment model training to individual therapists employed or selected by their agency.
- H. Within-Agency Trainer solely trained to fidelity in the family modality, may only train individual therapist(s) in the family modality. Within-Agency Trainer trained to fidelity in the group modality, may train individual therapist(s) within their agency in both the family and group modalities.
- I. Shall only utilize approved PSB-CBT copyrighted materials for training of PSB services.
- J. Shall not provide large-scale training on PSB-CBT.
- K. Shall not provide training to roster other Within Agency Trainers.
- L. Must provide an annual report regarding number of people trained that have reached fidelity. This should include completion dates, names of people trained and number of hours of training.
- M. To maintain the status of Within Agency Trainer, each individual should participate in six hours of specific continuing education opportunities per year, as approved and/or provided by the OU PSB-CBT Team. This would be in addition to the hours required to maintain rostering status for PSB-CBT.